



Finger Lakes **Independence** Center

Opening Doors to Independence

Our Mission

To empower all people with disabilities while creating an inclusive society through the elimination of social and architectural barriers.

What's New at FLIC

Hunt for Independence: The 3rd Annual Americans with Disabilities Act Scavenger Hunt

Did you know the Americans with Disabilities Act, which provided equal rights to people with disabilities, will be celebrating its 29th anniversary this July? To celebrate, FLIC is hosting the 3rd annual "Hunt for Independence," another fun and fantastic community scavenger hunt.

Teams of 1 or more people will go out into the community to 'hunt' for inclusive, accessible features. A final celebration will be held for all participants on 7/26/19 from 1:00-2:30. Let's get together and experience the ways the American with Disabilities Act supports independence for all.



Want to sign up? Contact Rachel at 607-272-2433 or Rachel@fliconline.org and be the first to get all the details!

It's National Disability Voter Registration Week!

Are you Registered to Vote?

Your vote effects everything. It can make a difference on:

- Poverty rates and the elimination of discriminatory practices.

Your vote impacts your access to:

- Healthcare, education, transportation, employment, and accessible/affordable housing.

To learn more or to register to vote:

- Call the Finger Lakes Independence Center at 607-272-2433.
- Visit www.aapd.com/NDVRW

"Vote as if your life depends on it...because it does."

-Justin Dart- Disability Advocate



able to participate in meaningful activities of daily life. If your organization is taking active steps to make your activities, meetings and events accessible, [please tell us!](#)
We want to highlight and share best practices for making our community more inclusive for all.



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TOMPKINS COUNTY
OFFICE FOR THE AGING
Aging Better, Together

Save the Date: Disability and Elder Law Fair

Wednesday, August 7, 2019
9:00-1:00
Tompkins Cortland Community College

The Disability and Elder Law Fair will focus on legal and financial issues that are important to elders and people with disabilities of all ages.

The Fair will include tabling opportunities to allow people to interact with local providers and presentations beginning at 9:30, 10:30 and 11:30. **This event is FREE and open to the public.**

For a complete list of presentations and table vendors, visit <https://fliconline.org/FLIC/wp-content/uploads/2019/07/DELF-Itinerary-7.9.pdf>

Hosted by the Finger Lakes Independence Center, Tompkins County Office for the Aging, and Tompkins Cortland Community College.

Attention City of Ithaca Residents

Do you or someone you know need a modular ramp to safely enter and exit your home?

Thanks to an Ithaca Urban Renewal Grant (IURA) award, FLIC has modular ramping available.
Call 272-2433 for an assessment.

Learn American Sign Language Register Now for ASL I

8-Week Course
Wednesday evenings 6:00 – 8:00 pm
Wednesday, September 11 – Wednesday, October 30
Instructors: Brent and Cheryl Chandler

Course Fee: registration form & \$80.00 payment due at FLIC by September 6, 2019
Required Textbook: The Joy of Signing (blue cover, 3rd edition, 2014)
Author: Lottie L. Riekehof, Publisher: Assemblies of God
ISBN-13: 978-1607313618, ISBN-10: 1607313618
Order online at walmart.com for about \$27 inc shipping, or from amazon.com \$30, free shipping (as of 10/18/18). We recommend the hard copy and not e-reader versions of this book.

Optional textbook (not required, grammar lesson handouts from this textbook):
A Basic Course in American Sign Language, approx \$15 online or from Barnes & Noble

- This course is for adults and teens with no ASL experience, or very little ASL experience
- The course may be cancelled if fewer than 8 people register
- No refunds are available once class begins
- Please make checks payable to "Finger Lakes Independence Center"
- For more information, call 272 – 2433 or email info@fliconline.org
- Class will meet September 11, 18, 25 and October 2, 9, 16, 23 and 30

Free ASL preview lesson Wednesday, September 4 from 6:00 – 7:00 pm at FLIC.
Come & learn what ASL is like, meet the instructors, register for ASL I class if you like.

To print a registration form, [click here](#).

FLIC has an Accessible Scale: Come Try It Out!

FLIC is thrilled to report that we have an accessible scale that is operational and ready for use!

No appointment is necessary. Please stop by and check it out during normal business hours, Monday-Friday 9-5.

FLIC would like to thank Ashley and Patrick Bohn for raising funds to obtain the scale and for giving FLIC this great opportunity to continue to assist people with disabilities.



[Donate](#)

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