



Structured Day

Program

Services

Structured Day Program services are

individually designed in

an outpatient setting or in the community to improve or maintain your skills such as, training in self-care, task completion, communication skills and help with interpersonal skills and problem solving and many more skills that can help with independent living in the community.

Environmental

Modifications

Environmental Modifications are internal and

external physical

adaptations to the home, which are necessary to ensure your health, welfare and safety.



Assistive Technology

Assistive Technology services directly assist you in the selection,

acquisition or use of an assistive device that is needed to maintain independence, access supports and services in the community.



Nursing Home Transition and Diversion Waiver at

FLIC

215 Fifth Street

Ithaca, NY 14850

607-272-2433

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Service Coordination. Independent Living Skills. Community Integration Counseling. Positive Behavioral Integration and Support Services Structured Day Program Services. Environmental Modifications. Assistive Technology. Community Transitional Services. Nutritional Counseling and Educational Services. Service Coordination. Independent Living Skills. Community Integration Counseling. Positive Behavioral Integration and Support Services Structured Day Program Services. Environmental Modifications. Assistive Technology. Community Transitional Services. Nutritional Counseling and Educational Services. Service Coordination. Independent Living Skills. Community Integration Counseling. Positive

**NURSING HOME
TRANSITION
AND
DIVERSION
WAIVER PROGRAM**



About the Program:

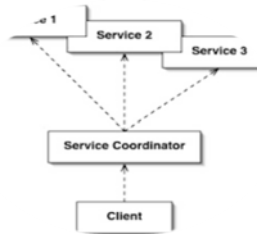
The Nursing Home Transition and Diversion (NHTD) waiver uses Medicaid funding to provide supports and services to assist individuals with disabilities and seniors toward successful inclusion in the community. Program participants may come from a nursing facility or other institution (transition), or choose to participate in the waiver to prevent institutionalization (diversion). NHTD Waiver services are provided based on your unique strengths, needs, choices and goals. You are the primary decision-maker and will work in cooperation with providers to develop a Service Plan. This process leads to personal empowerment, increased independence, greater community inclusion, self-reliance, and meaningful productive activities.

Community Transitional Services

Community Transitional Services are individually designed to assist you to transition from a nursing home to living in the community in your own home or apartment.



Service Coordination



An individually designed intervention which provides primary assistance to you in gaining access to needed waiver and Medicaid State Plan services. You will also have access to other local, state and federally funded educational, vocational, social, medical, and many other services.

Independent Living Skills Training



Independent Living Skills Training services are individually designed to improve and/or maintain the ability to live as independently as possible in the community. Some of the skills that the coordinator can help you learn and improve are self-care, medication management, task completion, communication skills, interpersonal skills, socialization, sensory/motor skills, and transportation skills, reduction of problematic behaviors, money management, problem-solving skills, vocational skills, and household maintenance.



Community Integration Counseling

Community Integration Counseling is an individually designed service intended to assist you if you are experiencing significant problems managing the emotional responses inherent in adjusting to a significant physical or cognitive disability while living in the community.



Behavioral Intervention and Support Services

Positive Behavioral Interventions and Supports services are individually designed and are provided to you if you have significant behavioral difficulties that may jeopardize your ability to remain in the community of your choice.

Nutrition and Wellness



This service can help in the planning for the provision of food and drink appropriate for your nutritional needs.